



Missouri FCCLA Show-Me Degree Guidelines

The Show-Me State Degree is awarded to Missouri FCCLA members who have demonstrated the highest level of commitment to the Missouri Family, Career and Community Leaders of America and made significant accomplishments in their leadership journey. The highest degree, the Missouri FCCLA Show-Me State Degree, is conferred upon an elite group of members at the State Leadership Conference.

DEGREE CRITERIA	
Fully affiliated, current FCCLA member at all levels	
High school junior or senior	
Three (3) Family Consumer Sciences and Human Services (FCSHS) course credits completed (one credit may be junior high level)	
Hold a minimum 3.0 GPA average in the FCSHS content area	
Hold a minimum 2.5 cumulative GPA average	
Gateway Chapter Degree earned in a previous affiliation year	
DEGREE GUIDELINES AND REQUIREMENTS	
The candidate will plan and implement a minimum number of high-level, in-depth activities for each assigned goal.	
The candidate will use the FCCLA Planning Process to plan and implement each activity.	
Evidence and documentation are included for each activity within each assigned goal.	
The candidate will identify a correlating FCCLA purpose for each activity.	
The candidate will prepare presentation of no more than twenty (20) minutes, followed by a ten (10) minute question and answer session with a panel of evaluators.	
REQUIRED ELEMENTS	
Official FCCLA binder (purchased from the National FCCLA Store)	
Title page (Full name, chapter name and ID, school and city name, Missouri FCCLA region)	
Table of contents	
Proof of Gateway Chapter Degree award	
FCSHS completed course credit and GPA verification	
School personnel verification	
Activity materials, evidence and documentation, and other requirement documents for each activity within each of seven goal categories	
EVIDENCE AND DOCUMENTATION EXAMPLES	
<p>Goal project evidence and documentation varies greatly based on the type of project planned and implemented. Examples may include, but is not limited to:</p> <ul style="list-style-type: none"> • Photos • Videos • Printed publication articles (local newspapers, newsletters, magazines, etc.) • Recorded news or radio segments • Time sheets, hourly tracking logs • Course completion certificates and verifications • Project materials • Personnel letters of verification and recommendation • Social media posts • Thank you cards or letters • Materials produced during the project or activity by attendees, or as a result of the project or activity <p><i>Specific forms of documentation and/or evidence may be required for specific goals and/or activities. Such requirements, if applicable, will be listed in the DEGREE OUTLINE requirements.</i></p>	

Missouri FCCLA Show-Me Degree Outline and Activity Requirements

Goal 1: Develop and extend knowledge of the FCCLA organization	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> Plan and implement FCCLA Week and/or Career and Technical Education Week activities. Present to a local civic or community group, the local Board of Education, school personnel, and/or classrooms about FCCLA. Develop and execute a Recruit – Retain – Recognize (3 Rs) membership campaign. Plan and implement a new National Program activity. Plan and implement school-sponsored chapter recruitment activities. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> Identify Concern: State the need in 1-3 complete sentences. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
Required documentation, evidence and/or verification: Minimum of 3 per activity	
FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.	
Goal 2: Develop and practice leadership skills in the FCCLA organization.	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> Serve as the chair of a local committee. Serve as a local, regional, state, and/or national officer. Complete the Franklin Covey Leadership Academy. Participate in the Explore.Act.Tell. (E.A.T.) Program through the National Outreach Program. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> Identify Concern: State the need in 1-3 complete sentences. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
<p>Required documentation, evidence and/or verification: Minimum of 3 per activity*</p> <p><i>*A letter of recommendation from proper personnel (chapter or organization adviser, for example) is required if a chosen activity is an officer and/or committee chair position.</i></p>	
FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.	

Goal 3: Develop leadership skills through community and service-learning activities.	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> • Plan and implement a chapter service project. • Plan and implement a Missouri FCCLA Service Project activity. • Plan and implement a service-centered National Program activity. • Plan and implement a community and/or school-wide service activity. • Develop community partnerships to support chapter activities. • Record 25 hours of service-learning in the FCCLA student portal. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> 1. Identify Concern: State the need in 1-3 complete sentences. 2. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. 3. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. 4. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. 5. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
<p>Required documentation, evidence and/or verification: Minimum of 3 per activity*</p> <p><i>*A student portal transcript will be required for service-learning logged used as an activity. Hours logged should take place during the current affiliation year – previous years' hours are not eligible.</i></p>	
<p>FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.</p>	

Goal 4: Develop leadership skills through participation in school organizations outside of FCCLA.	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> • Participation in high school CTSOs, student clubs and organizations, sports, and activities. • Participation in school events and/or school-sponsored initiatives. • Assist in peer-to-peer activities and events. • Participation in community and/or civic groups. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> 1. Identify Concern: State the need in 1-3 complete sentences. 2. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. 3. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. 4. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. 5. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
<p>Required documentation, evidence and/or verification: Minimum of 3 per activity*</p> <p><i>*A letter of recommendation from proper personnel within the chosen activity is required as 1 element of documentation.</i></p>	
<p>FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.</p>	

Goal 5: Participate in regional, state, and national FCCLA competitive events.	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> • Participate in a Show-Me Skills competitive event at Fall Leadership Conference or State Leadership Conference. • Participate in a National FCCLA competitive event at the regional level or above: STAR Events, Skill Demonstration Events, FCCLA/LifeSmarts Knowledge Bowl, and/or FCCLA/Knowledge Matters Simulations. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> 1. Identify Concern: State the need in 1-3 complete sentences. 2. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. 3. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. 4. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. 5. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
<p>Required documentation, evidence and/or verification: Minimum of 3 per activity*</p> <p><i>*Scored rubrics or certificate of completion is required as 1 element of documentation.</i></p>	
<p>FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.</p>	

Goal 6: Participate in FCCLA activities above the local level.	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> • Participate in Regional Fall Conference. • Participate in Missouri FCCLA Fall Leadership Conference and/or State Leadership Conference. • Participate in a Missouri FCCLA Industry Immersion Series event. • Participate in Missouri FCCLA Legislative Shadowing. • Participate in National FCCLA events, such as Capitol Leadership, Fall Leadership Institute, National Leadership Conference, and/or Japanese Exchange Program. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> 1. Identify Concern: State the need in 1-3 complete sentences. 2. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. 3. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. 4. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. 5. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
<p>Required documentation, evidence and/or verification: Minimum of 3 per activity</p>	
<p>FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.</p>	

Goal 7: Participate in a career preparation activity.	
Number of required activities: 2	
<p>Activity Examples</p> <ul style="list-style-type: none"> • Participate in work-based learning activities (catering with ProStart, practicum in Early Childhood Education, etc.). • Record 16 hours of job shadowing experience. • Plan and implement a Career Connection National Program project. • Compete in the following STAR Events: Career Investigation, Job Interview (may not be used if used for Goal 5). • Record 16 hours of career-focused volunteer hours. <p><i>The listed activities are examples and are not required. The participant may complete any two activities that will allow them to reach the stated goal.</i></p>	
<p>FCCLA Planning Process required for each activity.</p> <ol style="list-style-type: none"> 1. Identify Concern: State the need in 1-3 complete sentences. 2. Set a Goal: State the goal in concrete and measurable terms, using the SMART goal format. 3. Form a Plan: Thorough and written explanation of what must be accomplished to reach the goal – who, what, when, where, and how. 4. Act: Explain how the plan was carried out – describe what actually happened during the planned activity or event. 5. Follow-Up: Reflect on the success of the activity and whether the goal was met, what went well and what could be improved upon in 300-500 words. 	
<p>Required documentation, evidence and/or verification: Minimum of 3 per activity*</p> <p><i>*If job shadowing or volunteer hours are chosen as an activity, tracked hours must be logged with date, time, location, activity(ies), and personnel signature and included as 1 element of documentation. A letter of recommendation is required as a second element of documentation for these activities.</i></p>	
<p>FCCLA purpose statement: Analyze how at least one FCCLA purpose correlates to each activity in 150-300 words per activity.</p>	



Missouri FCCLA Show-Me Degree School Personnel Verification

The candidate will allow the primary chapter adviser and two additional members of school personnel to review their degree portfolio to gain support in their Show-Me State Degree candidacy. School personnel may be a secondary chapter adviser, school counselor, administrator, or other teacher.

Candidate Name: _____ Grade: _____

Chapter Name: _____ Chapter ID: _____

School Name & City: _____ Region: _____

PRIMARY CHAPTER ADVISER VERIFICATION

I confirm that I have reviewed the candidate's application and portfolio and support the candidate.

Adviser Name: _____ Title: _____

Email: _____

Adviser Signature: _____ Date: _____

SCHOOL PERSONNEL VERIFICATION

I confirm that I have reviewed the candidate's application and portfolio and support the candidate.

Personnel Name: _____ Title: _____

Email: _____

Personnel Signature: _____ Date: _____

SCHOOL PERSONNEL VERIFICATION

I confirm that I have reviewed the candidate's application and portfolio and support the candidate.

Personnel Name: _____ Title: _____

Email: _____

Personnel Signature: _____ Date: _____



Missouri FCCLA Show-Me Degree FCSHS Course and GPA Verification

The candidate must have completed three (3) Family Consumer Sciences and Human Services (FCSHS) course credits. No more than one (1) FCSHS credit may be below the high school level (grade 8 or below). The candidate must have a minimum 3.0 GPA average in the FCSHS content area, and a minimum cumulative 2.5 GPA average.

Candidate Name: _____ Grade: _____

Chapter Name: _____ Chapter ID: _____

School Name & City: _____ Region: _____

SCHOOL PERSONNEL VERIFICATION (must be a counselor, administrator, or other records personnel)

I verify that the candidate has met the Family Consumer Sciences (FCSHS) course, content area GPA, and cumulative GPA requirements.

Personnel Name: _____ Title: _____

Email: _____

Personnel Signature: _____ Date: _____

FCSHS COURSES COMPLETED

FCSHS courses are those with MOSIS program code 0704, and may include those in the FCS general, Hospitality and Tourism, Human Development, Nutrition and Wellness, Family Consumer Resource Management, and Apparel, Textiles and Design pathways.

Course Name	Year Completed	Credit(s)	Grade

GPA VERIFICATION

Overall Cumulative GPA:	FCSHS Content Area GPA:
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Missouri FCCLA Show-Me Degree Rubric

Candidate Name: _____ Grade: _____

Chapter Name: _____ Chapter ID: _____

School Name & City: _____ Region: _____

Chapter Adviser Name: _____

Evaluator #1 Initials: _____ Evaluator #2 Initials: _____ Evaluator #3 Initials: _____

PORTFOLIO FORMAT AND REQUIRED ELEMENTS

<i>Criteria</i>	<i>Max Points</i>	<i>Points Awarded</i>
Fully affiliated member: Junior/Senior		
Official FCCLA binder (purchased from the National FCCLA Store)	1	
Title page (Full name, chapter name and ID, school and city name, Missouri FCCLA region)	1	
Table of contents	1	
Proof of Gateway Chapter Degree award	1	
FCSHS completed course credit – Minimum 3 credits (no more than 1 in grade 8 or lower)	1	
GPA Verification: FCSHS GPA – Minimum 3.0	1	
GPA Verification: Cumulative GPA – Minimum 2.0	1	
School Personnel Verification: Primary Chapter Adviser	1	
School Personnel Verification: Other School Personnel #1	1	
School Personnel Verification: Other School Personnel #2	1	
Total Section Points	10	

DEGREE ACTIVITY REQUIREMENTS

<i>Criteria</i>	<i>Max Points</i>	<i>Points Awarded</i>
Goal 1, Activity 1 – Develop and extend knowledge of the FCCLA organization.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 1, Activity 1 Points	15	
Goal 1, Activity 2 – Develop and extend knowledge of the FCCLA organization.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 1, Activity 2 Points	15	

Goal 2, Activity 1 – Develop and practice leadership skills in the FCCLA organization.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 2, Activity 1 Points	15	
Goal 1, Activity 2 – Develop and practice leadership skills in the FCCLA organization.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 2, Activity 2 Points	15	

Goal 3, Activity 1 – Develop leadership skills through community and service-learning activities.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 3, Activity 1 Points	15	
Goal 3, Activity 2 – Develop leadership skills through community and service-learning activities.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 3, Activity 2 Points	15	

Goal 4, Activity 1 – Develop leadership skills through participation in school organizations outside of FCCLA.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 4, Activity 1 Points	15	
Goal 4, Activity 2 – Develop leadership skills through participation in school organizations outside of FCCLA.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 4, Activity 2 Points	15	

Goal 5, Activity 1 – Participation in regional, state, and national FCCLA competitive events.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 5, Activity 1 Points	15	
Goal 5, Activity 2 – Participation in regional, state, and national FCCLA competitive events.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 5, Activity 2 Points	15	

Goal 6, Activity 1 – Participate in FCCLA activities above the local level.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 6, Activity 1 Points	15	
Goal 6, Activity 2 – Participate in FCCLA activities above the local level.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 6, Activity 2 Points	15	

Goal 7, Activity 1 – Participate in a career preparation activity.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 7, Activity 1 Points	15	
Goal 7, Activity 2 – Participate in a career preparation activity.		
FCCLA Planning Process: Identify Concern and Set a Goal	2	
FCCLA Planning Process: Form a Plan	2	
FCCLA Planning Process: Act	2	
FCCLA Planning Process: Follow Up	3	
Documentation, Evidence, and/or Verification #1	1	
Documentation, Evidence, and/or Verification #2	1	
FCCLA Purpose Statement	4	
Total Goal 7, Activity 2 Points	15	

PRESENTATION AND QUESTION & ANSWER SESSION

Criteria	Max Points	Points Awarded
Organization/Delivery: Seamless and logical delivery	2	
Communication skills: Confident, poised, personable, voice (pitch, tempo, volume)	2	
Grammar: Word usage, pronunciation	2	
Body language: Posture, mannerisms, eye contact	2	
Professional appearance: FCCLA official dress	2	
Response to Evaluators: Answers questions clearly and effectively	3	
Time limit: Presentation – More than 10 minutes, less than 20 minutes	2	
Total Section Points	15	

COMMENTS AND FEEDBACK

FINAL SCORE

	Max Points	Points Awarded
Portfolio Format and Required Elements	15	
Portfolio Goals and Activities	210	
Oral Presentation and Question & Answer Session	15	
Total Points	240	

*210 minimum points required to earn Show-Me State Degree

MISSOURI FCCLA STATE STAFF USE ONLY

- DEGREE APPROVED
- DEGREE DECLINED

Date Presented: _____

Final Approval By: _____

Date Declined: _____

Title: _____

Signature: _____