



2023-2024 STAR Events

Students Taking Action with Recognition

STAR Events (Students Taking Action with Recognition) are competitive events in which members are recognized for proficiency and achievement in chapter and individual projects, leadership skills, and career preparation.

National STAR Events

- Baking and Pastry
- Career Investigation
- Chapter in Review Display
- Chapter in Review Portfolio
- Chapter Service Project Display
- Chapter Service Project Portfolio
- Culinary Arts
- Early Childhood Education
- Entrepreneurship
- Event Management
- Fashion Construction
- Fashion Design
- Focus on Children
- Food Innovations
- Hospitality, Tourism, and Recreation
- Interior Design
- Interpersonal Communications
- Job Interview
- Leadership

Level 1 - through grade 8
Level 3 - grades 11 & 12

Level 2 - grades 9 & 10
Level 4 - Postsecondary

- Leadership
- National Programs in Action
- Nutrition and Wellness
- Parliamentary Procedure
- Professional Presentation
- Promote and Publicize FCCLA
- Public Policy Advocate
- Repurpose and Redesign
- Say Yes to FCS Education
- Sports Nutrition
- Sustainability Challenge
- Teach or Train
- Teaching Strategies

Online STAR Events

- Digital Stories for Change
- FCCLA Chapter Website
- Instructional Video Design
- RED Talks on Education

To compete in National STAR Events, members must be affiliated members, be qualified by state advisers and submit registration by the national deadline. Check your state STAR Events participation deadlines.

Competitive Event Partners:

- Auguste Escoffier School of Culinary Arts
- B-Sew Inn Education Division
- Culinary Institute of America
- Culinary School of Fort Worth
- Environmental Protection Agency
- Johnson & Wales University
- National Association of Parliamentarians
- Sullivan University
- Zwilling J.A. Henckels

Awards:

- Top 10 Recognition per Event/Level
- Gold Rating & Medal per participant
- Silver Rating & Medal per participant
- Bronze Rating & Certificate per participant
- Scholarship Opportunities

State FCCLA Associations may have additional sponsors and modified or additional event offerings.





2023-2024 Online Challenge Tests

Online Challenge Tests provide opportunities for members to demonstrate college and career-ready skills in family and consumer sciences and related occupations.

Level 1 - through grade 8

Level 2 - grades 9 & 10

Level 3 - grades 11 & 12

- **Consumer Math Challenge**
(Level 1, 2, 3)
- **Culinary Math Challenge**
(Level 2, 3)
- **Early Childhood Challenge**
(Level 1, 2, 3)
- **Early Childhood Challenge**
(Level 1, 2, 3)
- **FCCLA Knowledge Challenge**
(Level 1, 2, 3)
- **Fashion Construction & Design Challenge**
(Level 2, 3)
- **Hospitality & Tourism Challenge**
(Level 2, 3)

- **Interior Design Challenge**
(Level 2, 3)
- **Nutrition Challenge**
(Level 1, 2, 3)
- **Science in FCS Challenge**
(Level 1, 2, 3)

Awards:

- Top 3 Recognition per Event/Level
- Downloadable Certification per participant
- Scholarship Opportunities

To compete in Online Challenge Tests members must be affiliated and registered to attend the associated conference or other designated event.





2023-2024 Skill Demonstration Events

Skill Demonstration Events provide opportunities for members to demonstrate college and career-ready skills in family and consumer sciences and related occupations.

Level 1 - through grade 8

Level 2 - grades 9 & 10

Level 3 - grades 11 & 12

- **Culinary Food Art**
(Level 2, 3)
- **Culinary Knife Skills**
(Level 2, 3)
- **FCCLA Creed Speaking & Interpretation**
(Level 1, 2, 1st Year Members)
- **Fashion Sketch**
(Level 2, 3)
- **Impromptu Speaking**
(Level 2, 3)
- **Interviewing Skills**
(Level 1, 2, 3)
- **Lesson Plan Development and Modifications**
(Level 2, 3)
- **Pastry Arts Technical Decorating Skills**
(Level 2, 3)
- **Speak Out for FCCLA**
(Level 1, 2, 3)
- **Technology in Teaching**
(Level 1, 2, 3)
- **Toys that Teach**
(Level 1, 2, 3)
- **#TeachFCS**
(Level 1, 2, 3)

To compete in Skill Demonstration Events, members must be affiliated and registered to attend the associated conference or other designated event. Registrations are limited, so first-come, first-served until the event is full.



Awards:

- Top 3 Recognition per Event/Level
- Downloadable Certification per participant
- Scholarship Opportunities

2023-2024 FCCLA/

LifeSmarts

Knowledge Bowl



LifeSmarts

Learn it. Live it.

The FCCLA/LifeSmarts Knowledge Bowl is a team competition that tests FCCLA members' knowledge in six content areas.

1. Personal Finance
2. Consumer Rights & Responsibilities (to include Family, Career & Community Studies)
3. Technology (to include Fashion Design)
4. Health and Safety (to include Food Science & Nutrition and Early Childhood & Human Development)
5. Environment (to include Hospitality, Tourism & Recreation)
6. FCCLA Knowledge

Direct Qualifying
(must complete Parts 1 & 2)

Part 1:

Online test at
www.lifesmarts.org

Part 2:

Top 40 teams participate in
virtual Team Interviews

16 teams+ 2 alternates
qualify to the National
Leadership competition

Online Team Smarts Round

All qualifying teams and
identified alternates will take
the Online Team Smarts Quiz

**National Leadership Conference
Pool Play Competition**

Top 8 teams compete in
Knockout Bracket

Two finalist teams play for the
National FCCLA
LifeSmarts Knowledge Bowl
Championship



Awards:

1st, 2nd, and 3rd place event winners will receive awards during one of the National Leadership Conference General Sessions. Finalists are listed on the National FCCLA website.



**Knowledge
Matters**

Virtual Experience Learning

2023-2024

FCCLA/ Knowledge Matters Virtual Business Challenge

The FCCLA/ Knowledge Matters Virtual Business Challenges encourage FCCLA members to test their skills in personal finance or fashion. These competitions are free for affiliated FCCLA members. Participating members utilize a competition version of the Virtual Business - Personal Finance or Fashion classroom software.

Only affiliated members grades 9-12 are eligible to compete.

COMPETITION ROUND 1: OCTOBER 6 - NOVEMBER 9, 2023

COMPETITION ROUND 2: FEBRUARY 5 - MARCH 1, 2024

NATIONAL CHAMPIONSHIP ROUND: APRIL 1- 5, 2024

The top 8 nationally ranked teams from each competition round will qualify to compete at the National Championship Round.

National Leadership Conference Awards

The winning teams of the National Leadership Championship Round will receive cash awards of \$1000 (1st place), \$500 (2nd place) and \$250 (3rd place) from Knowledge Matters.

